

A DEFINING MOMENT IN MY LIFE



By Gary Acevedo
Once in a while a moment so rare occurs that even as it is happening you know with crystal clarity that this is a defining moment in

your life.

Joseph Grenny and Ron McMillan are two Awakening grads who have currently raised hundreds of millions in order to help over 3.5 million people transcend poverty passed down for generations. Think of the impact these Awakening Grads will make on this planet within their lifetime!

Let me share what happened today. I am interviewing Awakening Grads who have information to contribute that serves or empowers as part of the new Monthly Mastery CD Series. Today I interviewed Joseph Grenny who along with Ron McMillan and their partners formed VitalSmarts, and authored 7 books, 3 are recent N.Y. times best sellers; "Crucial Conversations" – "Crucial Confrontations" and "Influencer." Joseph started by acknowledging the Awakening by saying that it was one of those influences that has affected every day of his life since he took it

20 years ago, and he is more grateful now that when he participated. In Phase II on the last full day we do a process known as "Dream Makers" where I talk about creating a higher context for your life, a higher mighty purpose as the greatest leverage for manifesting your personal dreams. Inspired by my mentors Mel Wasserman and Werner Erhard we discuss the "idea whose time has come" about creating a world that works for everyone as *the* context of our time.

Joseph and Ron have taken these principles and created miracles around the world. They found the economist who invented Micro-Funding – a way to loan people very small loans for say a sewing machine that is then able to provide a living for several different families and literally bring them out of poverty. He did this for millions in Bangladesh, and Ron and Joseph felt his work needed to be global, so with 5 other people they created a project to raise money to spread his work globally. Like I said, they literally have helped 3.5 million people transcend poverty passed down for generations. His stories of individual mothers who could change their

whole life starting with 27 cents, moved me to tears. People who were enslaved trying to pay off a medical debt from 4 generations ago, and now free because of a few cents or dollars. They are personally responsible for ending poverty for millions globally. With love in his eyes and a glow that can only come when you know with clarity that you make a very real difference, he said, "Our goal is to create a million influencers like the 30 miracle workers like we discuss in the book ...it's do-able, it's in front of us and it is happening!" Then he quoted me saying, "...it's like you said Gary, leadership starts with a vision and ends with results!" I knew God had sent me this interview today to remind me, that whether I'm struggling with love or money or major crisis, the opportunity to show up and shine and be a gift and to inspire others to be an influencer weighs so much more than the petty challenges I can too easily worry about.

Like Helen Keller said, "Life is a daring adventure... or nothing." Thank you Joseph.

[Click Here](#) or Search for "Joseph Grenny Interview" on **YouTube** to see the video!

Upcoming Events

• **Monthly Mastery Episode 1**

Is now available on our web site under "Products and Services". Get your copy today!



• **Breakthrough Saturday**

1 day course put on by our Dream Makers facilitator trainees. This workshop: "Childhood Dreams". October 11th 10:00am to 6:00pm, \$50 at the door. Register online or contact Holly at (435) 901-2561.

• **Imagine**

Our newest workshop, a mesh of the best processes from over 500 different workshops, trainings and retreats. Seats are going FAST so please pre-register at least 1 week in advance. October 15th—18th.

• **Breakthrough Saturday**

Final Breakthrough Saturday until fall 2009 starts October 25th, 2008. \$50 at the door. Register online.

• **The Awakening Homecoming**

Haven't done the Awakening yet, but thinking about it? Want to show support for the next generation of Awakening grads? Come to the Awakening Homecoming, November 9th. Please pre-register online.

Help Wanted

• Positions still open! Want to take our advanced courses, but can't afford them? We can use your skills for trade! We are looking for a Newsletter Editor, People with corporate planning experience, Executive Assistants, Word/Excel Data Entry, Newsletter Contributors and Event Coordinators. Contact us by e-mail if interested.

• Paid positions for part-time and full-time enrollers are now available, please contact Kristy Savas at (801) 577-2399 if interested.

• Help us help others! Sign up to assist at our courses! Click the "Assist" link next to any course on our web site.

CEO'S CORNER



By J.J. Ulrich

I am so excited to have the opportunity to communicate with all of you through this newsletter. It allows me the opportunity to bring you

into all the exciting things happening with Dream Makers Academy.

I am so excited about the buzz I am feeling! I feel as if my kid is back in the playground and zipping around on the monkey bars. I am not sure if you are all feeling this amazing energy however if you are not bring your cups to the party because I have enough to spread it around.

I feel as if we have been on this steep climb up a beautiful mountain and we have just reached the summit and though exhausted our arms lift into the air and the sun cresting over the mountain fill our bodies and the wings beneath our arms.

We have had so much going on with the new Imagine course, Monthly Mastery Program, Website changes and staffing that the last 6 months have been very exhausting. I am sure you as well have had challenges and new adventures recently, so my dearest friends, close your eyes after you finish this article lift your arms and let love, light and energy flow into your body from this mountain peak.

Let it break through any blocked energy and begin the rivers flowing with unconditional love.

Share in our excitement as your body experiences this wonderful feeling, think about who could benefit from this feeling and let those rivers flow to them all. I am so blessed to know you all and I am so humbled to have the honor of your working with this company. I am making a commitment to talk to 30 people before the next newsletter who I would love to be sharing these feelings with. May your wings find 30 friends or family to wrap around as well! I hope this newsletter finds you in the presence of angles and the feelings of love.

MAKE YOUR VOICE HEARD

Dream Makers Academy is asking any and all graduates and participants who would like to contribute to our monthly newsletter to e-mail us at the address on the upper right corner of this page. We have had much success the last 3 months with our newsletter, but our staff is realizing that we can't do it

alone. If you feel you have a message to share with the world, please feel free to send that message in article form to us through e-mail. Also, if you know anyone trying to manifest money for an awakening, or are in need of support from this community any other way, please also send us a short, detailed message about what

services you can offer for pay (or what support you need), how much you'll charge and how to make contact with you. We are hoping to start a classified section of our newsletter for our inner work community by November's newsletter.

LIVING SKILLS EVERYDAY



By Lore Acevedo

LIVING SKILLS EVERYDAY is a new feature of our newsletter I'll be writing to support us all in remembering the difference skills can make for everyone who talks to anyone. Likely we have all had an experience, (or two), of trying to get our point across, only to feel frustrated when missing the mark. Rather than blaming, judging, reacting or avoiding conversations altogether, a better choice might be to learn, apply, practice and master great skill in communication that can serve to connect vs. alienate us. So for those times when talkin' isn't workin' you are welcome to return, again and again, to our Dream Makers Academy Newsletter to review our skills for polishin' what's comin' out of our mouths.

Using skills gives us the edge when we want our delivery to match the gift of our message, making it easier for others to listen when we talk, (hopefully allowing them to even hear us). Imagine that... living life feeling heard. Better yet, imagine living as an everyday example of talking with skill enough to influence any conversation... morphing them into something more than the norm... saying something meaningful that might matter to someone... being a contribution to those lives that surround us. It only takes a moment to make a difference... a moment and a real HELLO. And now because it requires real presence to make real contact for real conversations, the first skill that we'll begin with is:

5 STEPS TO SPEAKING WITH FULL INTENT

Step 1: STAND IN YOUR POWER (Step into your "STANCE OF A WARRIOR", YOUR Power Position, Posture, Attitude)

Step 2: BREATHE until you "CENTER" (Slow down until you calm down, present, aware in relaxed readiness; land in your body/BEING)

Step 3: HOLD THE VISION (See IT, Feel IT, Claim IT, Own IT, Take IT on like IT IS YOURS, giving your words more meaning)

Step 4. SPEAK WITH FULL INTENT (Say IT like you mean it, making sure "they" get it; speak Soul to

Soul, from nobility to nobility)

Step 5. LET SPIRIT SPEAK (Relax into the moment; surrender self-consciousness to voice the Greater Context, unrehearsed)

TO LEARN:

- CONSCIOUS REPETITION makes learning stick. Consider it training.
- Read the 5 steps often to build new neuro-nets in your brain for easy remembering.
- Write or type and print the 5 steps BIG AND BOLD, (IN COLOR), for reading at a distance.
- Put copies up around your home. (Let family/roommates know you're studying new material).
- Read several times a day to continue integrating info into your sub-conscious.
- Studies show it takes 21 days (minimum) to develop a new habit. I like doing 28 day-programs.
- Either way within the month you can make it yours, if you choose to play this skill-building game.

TO APPLY:

- Decide when, where and with whom you'll practice the 5 steps with.
- Pick someone that lets you feel safe being a bit clumsy until you get your footing.
- It's OK to be vulnerable, uncomfortable or awkward when learning something new.
- Simply include your feelings without judging them to keep them from blocking your progress.
- Encouraging Self-Talk reassures the "inner child", easing anxiety about "getting it" in a hurry.
- Take the time you need to put the 5 steps into effect in a way that works for you.
- Treat yourself with "loving kindness" and it will get easier to expect your world to support you.

TO PRACTICE:

- Create your own realistic, measurable, manageable Game Plan, with starting and ending dates.
- Make it simple, fun and do-able, (I.E. 1-3x/day practice the 5 steps; read them 4x/day; etc.).
- Follow through with your plan, (your word to yourself), to get the results you're aiming for.
- "LESS IS MORE" here, so avoid overdoing it and adding overwhelm to your busy schedule.
- Small, consistent steps over time get you further faster than big bang beginnings that fizzle out.
- When your "inner child" is having fun, you know

you're on the right track and success is ensured.

- When delight disappears, the "sweetheart request" is to make an adjustment to get back to joy.
- Get wise support to help you balance growth and safety so you can set yourself up for a win.
- Practice, practice, PRACTICE until you have these 5 steps integrated into your experience.

TO MASTER:

- Mastery in any area of life is an investment of intention and attention.
- Observe and learn, correcting your course as you go, getting Guidance along the way.
- Set the highest context you can for your practice, to play your most worthy game.
- Maintain focus on your Soul's Goals vs. Your Personality's impulsive distractions.
- Commit yourself completely to excelling beyond your current measure of Self.
- Prove yourself only to yourself to discover the highest frequency of who you truly are.
- Invite the best accountability support you can find to assure yourself playing your best game.
- Forgive your fumbles, admitting your mistakes honestly with clean, clear ownership responsibly.
- Learn to love yourself, no matter what! CELEBRATE BEING YOU, alive and gaining ground.
- Recognize and honor the Divine within all that is to continue to grow your grace day after day.

Here's to each and every one of us stepping up to the plate, keeping our eye on the ball and hitting the homerun of our lives whenever we decide to show up and shine. May we learn with love, reminding all we meet that possibilities are within reach, until day by day we come home to the peace that calls to our healing.

Be blessed and be a blessing!

Lore has been involved in her brother Gary Acevedo's work and dream since 1983. Her expertise as a Facilitator/Coach comes from the 40-year journey of her personal healing that has evolved into serving healing in her world. Currently writing her first book, she invites your interest in being informed on the release date. You can email her at: lore.acevedo@dreammakersacademy.com

MY AWAKENING EXPERIENCE

By Vivian Read
Participant

As I look over my life today compared to two years ago, I am absolutely blown away. For so many years I let the toxic ideas and criticisms of others determine who I was — not to mention what I added to the mix!

There are all kinds of toxins that can build up in our mind. We go around dwelling on the wrong thoughts, thinking about what we can't do, or how we have been hurt, or that someone told us we'll never amount to anything, those thoughts are toxic thoughts. And these thoughts left alone become like toxic waste contaminating our whole life. It affects our self-image, our attitude, and our level of confidence and becomes a part of who we are.

When Joe first talked to me about The Awakening I thought it was nice for him, but it was not for me. I had tried so many things in the past and nothing seem to work to help me get rid of all the toxic waste I had built up. I tried to give him every excuse why I could not go, but, I finally gave in and told him I would do it. Little did I know what was in store for me!

The Awakening totally changed my life. It became my detox Center. It helped me to forgive the people that hurt me. Let go of the disappointments I had and detox the low self-esteem.

Transformation started taking place with each new day at The Awakening.

I started getting rid of the toxic waste. I let go of what people were saying and thinking about me and learned it was what I thought of myself that mattered the

most. I learned to have a voice and let people know that I would no longer believe what they were saying. For the first time in my life I knew who I was and what I wanted to become!

Make the decision to be everything you can become by taking that first step to The Awakening because your best days are in front of you. If you do, you'll rise up higher, and you'll live the abundant life you have always wanted.

The next Awakening is early 2009, but if you are interested please consider attending the Awakening Homecoming, a graduation for the last Awakening group that just completed their workshop. The homecoming alone is considered one of the most valuable processes anyone can participate in, and it's open to the public for free!