

HOW THE IMAGINE COURSE WAS INSPIRED



By Gary Acevedo

The new "Imagine Course" was a great success, as all of the participants and assistants can testify. Ask anyone who was there! Joe asked me to write this article about how it came to be designed. JJ started having an intention and even some dreams about a new course being designed. Kristy and JJ started sharing with me some of their favorite processes from other trainings they had been through like the Red Black Game and the surprise farewell process at the end of the training. I instantly recognized the value of some of their best modules, and could see why it brought the assistants back time and time again. I also recognized that I could add some of my expertise to the processes, and make them even more powerful. Then the idea struck me that if I added some of our best processes from all

of our great menu, what we would end up with would be a "Best of the Best" combination, a dynamite course, and got very excited. Simultaneously, I was in the process of re-designing Dream Makers Program for next year, and had some wonderful ideas for that design, and had been thinking about how invaluable the material from the "Spirit of the Awakened Warrior" Course is about overcoming defensiveness. Overcoming our own defensiveness is the great key to accelerating the pace at which one grows and progresses, accelerating their blessings. It always bothers me, that that course doesn't get done but once a year or every other year, and I was committed to putting some of that material into another course, and to emphasize it for next years Dream Makers program. In 2009 we will end Phase II earlier, so that all of the Awakening Grads can have an Awakening Support Program that will include "Spirit of the Awakened Warrior"

Course (including the ropes course and fire walk) as part of that program, right out of taking Phase III! When the idea of designing Imagine came up, I immediately saw that by combining this material on overcoming defensiveness with the Red/Black Game, it would create an unprecedented level of ownership without defensiveness.

The key in life is that if you want something different - then "own it."

Own what works and what doesn't without defensiveness. Own the adjustments and the corrections. I knew how exciting it would be have an introductory course that not only knocked them off their socks with amazing processes, but would bring an unprecedented level of ownership to new people and produce real results in shifting their lives. I'm very happy with the results.

Next Imagine course is October 15th. Keep an eye on our web site for more details!

MY AWAKENING EXPERIENCE



By Joe Read

Just before I attended the awakening, I was pretty much fed up at life and at myself for living it. I was depressed and angry most of the time, but couldn't figure out why or how to have even a moment of happiness again. That all changed when my employer and former Dream Maker Harvey Dockstader sent me and my co-workers to the "Ignite the Light Within" workshop to try to work out some of our business communication problems. I remember walking away from the workshop feeling a sense of hope and longing for what could be possible with my life. I remember feeling like someone actually saw the real me, and that maybe I wasn't as evil or disgusting as I thought I was. Eventually my coworkers went back to their old communication style of insults and one-upmanship, and it cost us our company. I stayed on with Harvey, working as a volunteer, and moved here to Salt Lake. Within a day of unpacking, I went to the first Friday of the Awakening.

I was exhausted, scared (moving was a big change for me), but ready for just about anything. I remember sitting through that night feeling conflicted, half of my mind saying "yeah right, that won't work" to everything Gary and Megan said would be happening that week, but the other half of my mind was cheering them on and listening intently, waiting for juicy tidbits of data that would explain my attitude and how to change it.

I remember the rest of the week I shocked myself at the steps I took, the things I did, the processes I chose in to and even volunteered for, as without the level of safety and love you feel when you walk into the room that first Saturday, I would have been hiding in a corner, or at worst, let my fear get the best of me and ran away.

I don't mean to scare anyone who might be considering the awakening, remember that everything is voluntary and you don't have to do anything you don't want to. One of my patterns was succumbing to peer pressure, and when everyone else is doing a process I was torn between a fear of going against the group, or a fear of showing up and shining.

Let me tell you, even though my fear was the primary influence to get me to do the processes, IT FELT GREAT! For just once in my life, I showed up, I shared my heart, I let people see me and get to know the whole me. I let my fear of rejection run rampant in my head, and still shared *everything* about myself with my fellow warriors. And they accepted me anyway.

What I got out of the awakening was a new life. I don't mean that metaphorically, I mean it literally. Before the awakening, I was a hermit living in the mountains of Washington state, about 20 miles from the Canadian border, scared to death of talking to anyone (especially girls) to the point of practically hyperventilating from nervousness any time someone even looked at me.

Now I am a major part of the Dream Makers community, I have facilitated in front of a group, and probably one of the first Dream Makers in history to get a perfect score at my group's Breakthrough Saturday. I found the love of my life and got married, and we are expecting our daughter the end of next month. I blame it all on The Awakening.

Upcoming Events

• **Monthly Mastery Episode 1**

Is now available on our web site under "Products and Services". Get your copy today, as prices may be going up with the volume of sales we're expecting with our debut on Amazon!



• **Breakthrough Saturday**

1 day course put on by our Dream Makers facilitator trainees. This workshop: "Rediscover the Heart of your Voice". September 13th 9:00am to 6:00pm, \$50 at the door. Register online or contact Rita Taylor at (801) 358-5247.

• **The Awakening**

The last Phase 1 of this year is coming up September 19th through the 27th. This is the LAST PHASE 1 UNTIL JUNE 2009! Get your loved ones in now!

• **Breakthrough Saturday**

"The Languages of Love", September 27th, 2008. \$50 at the door. Register online or contact Jeremy Taylor at (801) 836-2864.

• **Imagine**

Coming October 15th. See Gary's article, this page. Just "Imagine" what this workshop can do for you!

Help Wanted

- Positions still open! Want to take our advanced courses, but can't afford them? We can use your skills for trade! We are looking for People with corporate planning experience, Executive Assistants, Word/Excel Data Entry, Newsletter Contributors and Event Coordinators. Contact us by e-mail if interested.
- Paid positions for part-time and full-time enrollers are now available, please contact Mary Werner at (801) 572-7697 if interested.
- Help us help others! Sign up to assist at our courses! Click the "Assist" link next to any course on our web site.

INCREASING YOUR ABILITY TO RECEIVE



By Natalie Read

It is essential that we learn to open ourselves to receiving. The key to attracting any kind of abundance involves a circular reciprocity. We give out, we open up to receive back, and give thanks/appreciation. Leaving out one of these steps hinders the flow of abundance to us whether it be it financial wealth, love, ideas, or happiness. The toughest step for me has been opening myself to receive. I have consciously been working out and strengthening my receiving muscle. Many of us are backed up on the receiving end. It is as if we have gifts right in front of us waiting to be opened and celebrated, but we just can't see them. But why can't we see? What is in between us and the gift, that we so long to celebrate? We have to be willing to take a look at what has been taking up the space of receiving. If you awake in the morning and your mind races ahead of your body with all kinds of thoughts, ideas, chores, and worries, this is a sign that you are backed up. Before you realize it, you're up and running here, running there, unaware. While stuff is pouring into

your head like chores, appointments, commitments, relationships, conversations, past events, the future, you can't focus on the *now* and see or experience anything better. This self-talk is something we all have: worries, fears, negativity, and frustration. Many of us try getting all the old clutter out of our heads, but it can often feel overwhelming and too big of a job on your own.

The Awakening is an intensive retreat that specializes in letting go of built up frustrations, fears and heart aches. Over the years the internal clutter builds up clogging the passageways to your heart, your spirit and blocks your flow of receiving. I have been in the healing arts for many years now and I can honestly say that I have never seen anything that can cut through time and space and produce the kind of transformation that happens at an awakening. I have seen many people who went in to the Awakening living a life of struggle and drama with so many disappointments of wants they had always desired but never received. At the end of the retreat they began to live their lives more open, easeful and fulfilling, allowing them to receive their true heartfelt desires, in just a short amount of time. Like my husband (Joe Read, see article on Page 1) who before the awakening some

would have called him a hermit and lonely for companionship, blossomed into himself with confidence allowing him to create the space to finding me, the love of his life and creating a loving relationship. I have seen my mother in law who at the age of 58 let go of her victim roll creating the freedom to pay off her large debts and buy a home of her very own, within a year of completing the Awakening. I have seen one of my friends let go of a drug addiction allowing her to find a tremendous amount of ambition and to take risks in a long desired new care path. I have seen others have an increase in money flow beyond most of our comprehension. I have seen others have what I would call true miracles in health.

To open these gifts we must be willing to open our eyes and notice and acknowledge all that we have created and especially the things we are not proud of. We have to be willing to forgive ourselves and release the trapped energy so we can open up to more possibilities and gifts coming our way. I invite everyone to work out and began to strengthen their receiving muscles. I encourage you to believe that whatever flow of abundance you desire, you *can* have it.

BREAKTHROUGH SATURDAY

Breakthrough Saturday is one-day course created, produced and facilitated by our Dream Makers participants as part of their graduation requirements. Each workshop is different, but always includes a step-by-step training on Empowerment Dialogue, which is a breakthrough method of cutting to the root of any upset in your life, and making a deal with yourself on how to overcome it.

Each group organizes their workshop around Empowerment Dialogue, but each has their own spin on it. Group 2, who will be doing the first breakthrough Saturday this year, has themed their workshop "Rediscover the Heart of your Voice". Linda Stone, member of group 2, writes:

"Group 2 invites you to 'Rediscover the Heart of your Voice' through attending their one day work shop Saturday September 13, 2008. Come celebrate the heart of the human voice were no one's message is ordinary. We invite you to notice the multitude of ways in which our voice reflects the tone of our heart. Practice the empowerment dialogue to reconnect with the wishes of our inner child as they express their will in negotiates with the critical parent. Learn the skill of cooperative dialogue."

Group 2 consists of Rita Taylor, Susan Cowley, Linda Stone, Shanna Spicer, Nikki Hoffman, Rick

Walters, Kathy Scott, Denny Hunt, Bonnie Hunt and Jim Mock. Group 2 will be doing their workshop at Rita Taylor's home, 3998 Troon, Ceder Hills (Pleasant Grove), UT 84062. Anyone may attend, please be at Rita's house by 9:00 AM if interested, the workshop will go until 6:00PM.

Group 1, who is doing their breakthrough Saturday on September 27th, has themed their workshop "Understanding the Language of Love". Jeremy Taylor, member of group 1, writes:

"We will experience the magic of the five languages of love. Through fun and exciting processes we will unlock the secrets of loving ourselves first and how to express honest heartfelt commitment. We will learn how to communicate openly and sincerely within each one of us so that we may clearly speak the language our hearts truly desire to share! This will be a fun and exciting experiential workshop so come play with us!"

Group 1 consists of Jeremy Taylor, Josh Wolstenholme, Mari Dios, Marvin Brough and Kelsey Allread. They don't have a location yet, but ask anyone who is interested to pre-register on the web site and they will e-mail all who are registered with the location. Their workshop will start at 10:00 AM and go to 6:00 PM, and includes lunch.

The breakthrough Saturday tradition is very impor-

tant to the Dream Makers workshop, as it is the culmination of all the training learned that year, and a way for each Dream Makers Participant to utilize their training to try to help others, which is what Dream Makers the workshop and Dream Makers Academy is all about.

We highly recommend anyone who is interested in any of our courses to attend, both as a support to our soon-to-be graduates and as a taste of what this company and our workshops are all about.

Anyone who has gone through the Dream Makers course knows how scary it is to stand up in front of a room full of people, and share with them your understanding of how life works and how to overcome barriers in your life. We would like to acknowledge this year's Dream Makers groups for being willing to do exactly this, for taking a stand in the world and for shining a light on the possibility of a world that works for everyone. We thank each student for sticking to their decision to be a part of this program through some of the rockiest moments of their lives, and we promise both our students and anyone who chooses to participate at breakthrough Saturday that *this workshop will change your life!*

MAKE YOUR VOICE HEARD

Dream Makers Academy is asking any and all graduates and participants who would like to contribute to our monthly newsletter to e-mail info@dreammakersacademy.com. We have had much success the last 2 months with our newsletter, but our staff is realizing that we can't do it alone. If you feel you have a message to share with the world, please feel free to send that message in article form to us through e-mail. Also, if you know anyone trying to manifest money for an

awakening, or are in need of support from this community any other way, please also send us a short, detailed message about what services you can offer for pay (or what support you need), how much you'll charge and how to make contact with you. We are hoping to start a classified section of our newsletter for our inner work community by November's newsletter.

If you are interested and can commit to a regular feature column, we may be willing to offer a trade

for workshop or credit towards your existing balance owed. For regular features, we are looking for a monthly mini-course in 12 installments, with a new course starting each year. Also, we are looking for the right person to take ownership of the newsletter project, including getting the articles from each contributor, proofing and layout of all content for final delivery through e-mail.